



# U.S. Environmental Protection Agency

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## Indoor Air Quality (IAQ)

| World Asthma Day - May 7, 2002<br>"Working Together, So Everyone Can Breathe Better" |                  |                       |
|--------------------------------------------------------------------------------------|------------------|-----------------------|
| Asthma & Indoors                                                                     | Secondhand Smoke | IAQ Tools for Schools |
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Most people are aware that outdoor air pollution can damage their health but many do not know that indoor air pollution can also have significant health effects. Environmental Protection Agency studies of human exposure to air pollutants indicate that indoor levels of pollutants may be 2-5 times, and occasionally more than 100 times, higher than outdoor levels. These levels of indoor air pollutants may be of particular concern because most people spend about 90% of their time indoors.

**Pledge** to make your home smoke-free  
 Call our toll-free Smoke-Free Home Pledge Hotline 1-800-513-1157

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Mold Remediation in  
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"I feel like A FISH with no water." - Jacob, Age 5 describing asthma  
 Even one asthma attack is one too many. **Call 1-866-NO-ATTACKS** [Read More](#)

[State Radon and IAQ Coordinators List](#) | [Regional IAQ and Radon Coordinators](#) | [Regional Training Centers](#)  
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