

World
Trade
Center



HELPING CHILDREN COPE

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**MCU
Members**

Your children may need help coping with the recent disasters in NYC and Washington. Children's reactions will be different based on their age, maturity and personality. Even if their lives have not been affected directly, children may be upset by what they hear from television, newspapers, and other sources. They may be feeling scared, anxious and upset.

- **Keep open lines of communication.** Talk to children in terms that they can understand. Let them know that their feelings are normal. Share some of your own feelings on a level that they can tolerate. Be honest.
- **Encourage questions.** Children may have questions about their own safety following the disaster. Give children reassurance and comfort to help them feel more secure.
- **Develop a plan.** To help your child feel safer, develop a family emergency plan. Educate your children what to do in an emergency situation for example, how to call for help, how to exit your home, and where to meet in the neighborhood.
- **Pay attention.** Children do not always have the words to describe how they feel. Their behavior may give clues. Encourage them to express themselves through play, writing and drawing and pay attention for non-verbal signs of emotional distress.
- **Be aware.** After a crisis, children may show signs of going back to earlier behaviors. For instance, a child may become more "clingy", start sucking their thumb, or suddenly become afraid of the dark. They might have sleep problems, nightmares, changes in appetite, difficulty concentrating, irritability, and

outbursts of anger, physical complaints. Adolescents may exhibit withdrawal from friends, school avoidance or delinquent behavior. These reactions should disappear over time. If these symptoms persist for more than a month, you should consult the NYC EAP or other mental health professional.

**Remember help is available at:
1-800-NYC-CITY
For all city employees.**

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**Department of
Environmental
Protection**

59-17 Junction Boulevard
Corona, New York
11368-5107

**Joel A. Miele Sr., P.E.
Commissioner**

⑤ WORLD TRADE
Center

M E M O R A N D U M

October 3, 2001

TO: Bureau Directors

FROM: Louis Tazzi 

SUBJECT: Critical Hires

As you are aware, the regular PAR process has been temporarily placed on hold. We have been informed that only "critical" hires will be considered.

Therefore, if you have any actions that are of a "critical" nature, please submit the action(with the standard items) along with a justification memo indicating the urgent nature of the hire.

These requests should be submitted to Marlene Hochstadt. If you have any questions, please contact Marlene at 595-3402.

c: J. A. Miele Sr., PE
D. Chapin
C. Sturcken
M. Hochstadt
Z. Campbell
H. Roth
Bureau Administrators
File

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